

ACCESS TO EMERGENCY CARE AND MINOR INJURY CLINICS



Access to Emergency Care & Minor Injury Clinics

ED Departments (ED's) are open 24 hours a day 365 days a year. Your nearest ED department will be located in the HSE University Hospital nearest to your home.

Call 112 or 999 for an ambulance if: someone is seriously ill or injured, and their life is at risk.

When you are treated in the ED department the maximum cost is €100. POMAS will refund you €70 towards the cost.

If any of the following apply to you there is no charge -

- A Medical card holder
- A Person admitted to hospital after attending the emergency department
- If you present to the ED department having visited a GP first and have a letter of referral

Access 11 public HSE run Injury Clinics across Ireland

POMAS members can use 11 public Injury Units across Ireland for minor injuries that don't need hospital admission. These clinics have flexible hours and charge the same fees as public A&E departments.

The following are a list of these Clinics:

- St Columille's Injury Unit, Loughlinstown Dublin
- Dundalk Injury unit
- Mater Smithfield Rapid Injury clinic – Dublin
- Monaghan Injury Unit
- Roscommon Injury Unit
- Ennis Injury Unit
- Nenagh Injury Unit
- St. John's Injury Unit, Limerick
- The Mercy Injury Unit, Cork
- Mallow Injury Unit
- Bantry Injury Unit

POMAS Direct Payment for Walk-In Minor Injury Clinics

Locations:

- **Cork:** The Elysian, Eglington Street
- **Dublin:** Unit D1, Tallaght Cross East, Dublin 24
- **Dublin:** Building 1, Swift Square, Northwood Business Park, Santry
- **Coming Soon:** Letterkenny, Co. Donegal

Key Details:

- Open 10 AM to 8 PM, 7 days a week – No appointment needed.
- Branded as Irish Life Express Care Clinics, but POMAS members have free access.
- POMAS covers consultation costs for you or insured family members.

Diagnostic tests (MRI, CT, X-ray) on the same day are included, with partial costs for:

- Stitches: €65
- Cast: €65
- Crutches: €40
- Boot Immobiliser: €70

What these Clinics Treat:

Minor injuries: fractures, sprains, cuts requiring stitches, burns, and sports injuries.

Minor illnesses: insect/animal bites and similar conditions.

Member Benefits:

- A convenient alternative to hospital A&Es for non-critical issues.
- Reimbursement: Up to €300 for services at other recognised minor injury clinics, with a paid receipt.
- These clinics provide quick, reliable care for minor injuries and illnesses, offering peace of mind when hospital visits aren't necessary.

Other Minor Injuries Clinics in your area

Should you attend another recognised Minor Injury Clinic in your geographical area POMAS will refund you up to €300 on a paid receipt for the services provided.

Private Emergency Care Centres in Private Hospitals - What is covered?.

- These Centres are typically not 24 hour service- some offer 7 day- week service and some 6 day-week service.
- It's worth checking opening hours and availability in advance , as this will vary across Private A& E's
- They do offer rapid access to care, care to moderate injuries, cardiac events, sudden illnesses and more complex medical issues that require rapid intervention and varied diagnostic tests to diagnose the problem.
- Private Emergency Centres in Private Hospitals may admit you as a patient .
- Once admitted a Member will be covered in full according to your period insured with the Society.
- The Cost of Private Emergency Care Centres vary per the following table and what services you receive
- POMAS will from Jan 1st 2025 refund you up to €300 for attending a Private Hospital ED centre

Facility	Max Fee Payable	Consultation – Min. Fee
Mater Private Dublin A & E + Urgent Cardiac Care Centre Tel: 1800 247 999	€750.00	€295.00
Mater Private Cork A & E + Urgent Cardiac Care Centre Tel: 021 601 3326	€650.00	€275.00
Bon Secours Hospital Cork- Medical Assessment Unit – Attendance by GP referral only Tel: 021 4542807	€750.00 Diagnostic capped @ €500.00	€250.00
Bon Secours Galway Attendance by GP referral only Tel: 091 81900	€450.00	€295.00
Bon Secours Tralee Attendance by GP referral only Tel: 066 7149800	€485.00 excluding MRI & CT scan	€70.00 – Service fee capped @ €299.00
Bon Secours Dublin Attendance by GP referral only Tel: 01 8065300	€750.00	€250.00
Beacon Tel: 01 293 9999	€695.00	€250.00
Blackrock Clinic Tel: 1800 283999	€695.00	€250.00
Hermitage Clinic Tel: 1800 283999	€695.00	€250.00
Galway Clinic Tel: 1800 283999	€695.00	€250.00

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